## **GRIEF TALKING CIRCLE**

"If you suppress grief too much, it can well redouble."

- MOLIERE

WHO: Fellow Uof T Students

WHAT: Grief Talking Circle

## WHEN:

Monday, September 24, 2012 Monday, October 29, 2012 Monday, November 26, 2012 Monday, February 25, 2013 Monday, March 25, 2013

## WHERE:

Uof T, Factor-Inwentash Faculty of Social Work, 246 Bloor Street West (Bedford/Bloor), Room 348

TIME: 5:00 pm to 6:45 pm

Everyone grieves in his or her own unique way. When someone you love dies, you may feel angry, isolated, sad, guilty and lonely. This grief circle is a drop-in support group for students and is comprised of men and women with mixed types of loss. Specifically suited for students who have experienced the death of a grandparent, parent, spouse/partner or close friend. In the same way we welcome student caregivers experiencing anticipatory grief.

> **Co-facilitators:** Effie Mitskopoulos (Yr.2 MSW Student, UofT) Jeanette Unger (Associate Chaplain, UofT) and Laurie Coleman (RSW, Counsellor, Health and Wellness, UofT).

Snacks and drinks provided (thanks to the Graduate Student Association)

RSVP: Student.Minister@utoronto.ca

For more information on grief support at UofT www.griefsupport.utoronto.ca